

# Pre-Season Hockey League (PHL)

## Total Field Hockey Ltd.

Kerrisdale PO Box 18129 Vancouver BC V6M 4L3

Tel: 604.730.2725 Fax: 604.730.5712

Email: [info@totalfieldhockey.com](mailto:info@totalfieldhockey.com)

### Pre-Season Field Hockey – A Brief History

Are you looking to get prepared for the upcoming field hockey season? Do you want to get outside and enjoy the beautiful summer evenings while playing the sport you love? If you answered yes to any of the above questions then the Pre-Season Hockey League (PHL) is for you!

There is currently no organized competitive or social hockey for female and male field hockey players or teams during the summer time – the *best* time of year to get outside enjoy field hockey. Get organized and put together your own team to participate in the PHL this summer.

### Pre-Season Hockey League – What Is It?

Building on the success of our Spring Hockey League (8 teams in 2 divisions with 92 total participants), we decided to organize a similar eight aside (8vs.8 Competitive 2 and Mixed Social) and seven aside (7vs.7 Competitive 1) with modified rules. PHL with five available divisions:

- |                       |                         |                |
|-----------------------|-------------------------|----------------|
| - Men's Competitive 1 | - Women's Competitive 1 | - Mixed Social |
| - Men's Competitive 2 | - Women's Competitive 2 |                |

### Divisions (each division must have a minimum of four teams)

1. From the above five division, players can enter their own League Team, Club Team, create their own Team with friends *or* you can apply as an individual and submit your completed registration form along with credit card payment to enter the league. Individual registrations will be grouped to make up their own team. There is a maximum of 13 players / team (we found 11 to be ideal)
2. You are *not* allowed to play on multiple teams in the same division.
  - i. You are permitted to play in different divisions (you need to pay for each division separately)

### League Venue & Set Competition Schedule:

All matches will be played at Wright Field. Teams must be able to play one match per week (10 ½ hour matches total) on either Monday or Wednesday night from 7:00-8:15 or 8:15-9:30 (1 ¼ hour time slot)

Mondays: August 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup> or Wednesday: August 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup>, Sept. 1<sup>st</sup>

**Registration Fee:** Space is available on a first come first serve basis.

**Early Bird Team** Registration Deadline: June 15<sup>th</sup>     \$700     **Best Value – Save \$50/Team**

**Early Bird Individual** Deadline: June 15<sup>th</sup>     \$75     **Save at least \$5**

Team Registration Deadline: July 15<sup>th</sup>     \$750

Individual Registration Deadline: July 15<sup>th</sup>     \$80

Late Team Registration: July 16<sup>th</sup> Onward     \$800

Late Individual Registration: July 16<sup>th</sup> Onward     \$85

**Full Payment Must Accompany Registration Form**



# PHL Individual Registration Form

**DIVISION** – Place an ‘X’ in each division(s) you wish to register

- <input type="checkbox"/> Men’s Competitive 1 - <input type="checkbox"/> Men’s Competitive 2 - <input type="checkbox"/> Mixed Social	- <input type="checkbox"/> Women’s Competitive 1 - <input type="checkbox"/> Women’s Competitive 2
---	--

I am interested in being a Team Captain: \_\_\_\_\_ FHBC ID: \_\_\_\_\_

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Sex: \_\_\_\_\_

Date of Birth: Day \_\_\_ Month \_\_\_ Year \_\_\_\_\_ Position Played: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ Postal Code \_\_\_\_\_

Email Address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Playing History (Clubs, Teams, Division etc.): \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**ENTRY FEE:**

Cheque Payment: Payable to ‘Total Field Hockey’

Charge my credit card \$\_\_\_\_\_ (fill in appropriate amount per # of divisions)

(You receive 2 x 30 minute games/week for a total of 10 games)

Card Number:

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Expire Date:

--	--	--	--

***Each participant must read and sign the Participant Acknowledgment, Waiver and Release of Liability & Pre-Season Hockey League Athletes Code of Conduct prior to participating in the Pre-Season Hockey League.***

*Completed Registration Forms*  
**Post: Total Field Hockey – Kerrisdale PO Box 18129 Vancouver, BC V6M 4L3**  
**Fax: 604.730.5712 or Email to [info@totalfieldhockey.com](mailto:info@totalfieldhockey.com)**  
**Full Payment Must Accompany Registration Form**

By registering individually you are not guaranteed to be placed on a team. Registration is on a first come first serve basis. Individual will be placed on a team of individuals if numbers allow. No Refunds will be offered unless space is full.

BY SIGNING THIS DOCUMENT, YOU WILL WAIVE CERTAIN LEGAL RIGHTS INCLUDING THE RIGHT TO SUE  
**PLEASE READ CAREFULLY**

**Participant Acknowledgment, Wavier and Release of Liability &  
Athletes Code of Conduct**

*Each participant must read and sign the following wavier prior to their participating in the League or Tournament.*

Although this program will be operated in a safe and responsible manner, I/we acknowledge and fully understand that each participant in this program will be engaging in activities that involve a degree of risk of injury, or disability. In consideration of my involvement and being permitted to participate in this program, I/we assume full responsibility for the risk of injury, or disability, and hereby release and hold harmless the Hockey League or Tournament, Total Field Hockey Ltd., their respective officers, directors, employees, coaches, agents and volunteers (collectively "TFH") with respect to any and all injury, disability, or loss or damage to person or property, whether arising from the negligence of TFH or otherwise, including damages, medical or dental expenses incurred as a result of my/our child's participation in the program.

The actions of the players are a reflection of themselves, their team, and their community. An athlete involvement in the Hockey League or Tournament provides opportunities and experiences that are important to the development of players. However, athletes must remember that their participation in the Total Field Hockey League or Tournament is a privilege, not a right.

1. Athletes Shall
  - a. Control their temper at all times ('stick-work' and 'mouthing off' can spoil the game for everyone)
  - b. Do your best to be a true team player
  - c. Remember that winning isn't everything – that having fun, improving skills, making friends and doing my best are also extremely important
  - d. Treat Everyone with Respect
    - i. Treat Team-mates, coaches, opponents, event organizers and spectators with respect
    - ii. Respect and accept with dignity the decision of officials
    - iii. Be generous in wining and graceful in losing
2. Exercise Self-Control at all times
  - a. Refrain from the use of foul or profane language.
  - b. Refrain from the use of physical force outside of the rules of the game.
  - c. Play Fair.
  - d. Play within the rules and the spirit of the rules of the game at all times.
  - e. Serious injuries can occur if players do not exercise due care and attention.
  - f. The game cannot be played without umpires.
  - g. Before, during and after a game I will not threaten, abuse or harass anyone, including other players, coaches, umpires or spectators, whether physically or verbally, and I will not trash talk.
  - h. I will never hit the ball or swing or raise my stick in a manner that might intimidate or injure another player, or force another player to take evasive action, and accept that I may be penalized for doing so.
  - i. I will always wear a mouth guard and shin pads, and understand that I may not be covered by insurance if I fail to do so.
3. You must be a registered member of FHBC (or another provincial association) and/or FHC in good standing to participate.

Signed this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_

\_\_\_\_\_  
**Athlete's Name**

\_\_\_\_\_  
**Parents Name (only for persons under 18)**

\_\_\_\_\_  
**Athlete's Signature**

\_\_\_\_\_  
**Parent's Signature (only for persons under 18)**